**HARK (Humiliation, Afraid, Rape, Kick)**

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| **H** | HUMILIATION |
|  | Within the last year, have you been humiliated or emotionally abused in other ways by your partner or your ex-partner? \_\_Yes \_\_\_No |
| **A** | AFRAID |
|  | Within the last year, have you been afraid of your partner or ex-partner? \_\_Yes \_\_\_No |
| **R** | RAPE |
|  | Within the last year, have you been raped or forced to have any kind of sexual activity by your partner or ex-partner? \_\_Yes \_\_\_No |
| **K** | KICK |
|  | Within the last year, have you been kicked, hit, slapped or otherwise physically hurt by your partner or ex-partner? \_\_Yes \_\_\_No |

**Scoring:** one point is given for every yes answer