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| **Coping.us** |

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| **Helping you become all that you are capable of becoming!** |

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**Results of the Survey of Professional Mental Health Professional Consumers**

**Background of Survey**

**The introduction of the Survey state the following:**

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| *COPING.US Training Programs in conjunction with Troy University Tampa Bay Site is planning on offering monthly CEU programs on the Second Fridays of the month beginning in September 2018. The programs will be offered from 1-4 pm on these Fridays. We would like for you to rate each of the current existing CEU programs as to their relevance to you. We will be using your ratings along with others to select the 10 programs we will be offering in FY 2018-2019. What follows are the current 18 CEU Programs available through COPING.US Training Programs. You can read the program descriptions and goals of each program at:*[*http://coping.us/copingustrainingprog.html*](http://coping.us/copingustrainingprog.html) |

Beginning May 24 and ending June 17, 2018, requests for respondents were sent out to Alumni of Troy University’s Tampa Bay Site, the Behavioral Health Project Network on Coping.us and to the corporate partners and cooperating agencies in the Tampa Bay Area.

What follows are the results of this survey of the 30 mental health professional respondents. At the end of this report is the resulting proposed schedule of programs for FY 2018-2019, which is the product of this survey.

**Rating of the 18 courses by 30 Respondents**

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| **Program Number & Title** | **Number** | **Average Rating** |
| **1.** Use of Adverse Childhood Experiences (ACE Factors) in Clinical Assessment (CE Broker Tracking #: 20-615466) | 30 | 3.80 |
| **2**. Overview of Evidence Based Practices for Specific Mental Health Disorders (CE Broker Tracking #: 20-615462) | 29 | 4.21 |
| **3**. Suicide Intervention and Prevention (CE Broker Tracking #: 20-615464) | 30 | 4.50 |
| **4**. Motivational Interviewing Skills (CE Broker Tracking #: 20-609430) | 27 | 4.28 |
| **5.** Solution Focused Brief Therapy (SFBT) (CE Broker Tracking #: 20-615492) | 28 | 4.25 |
| **6.** Dealing with Opioid and Heroin Epidemic & Non-Medication Treating of Pain (CE Broker Tracking #: 20-615468) | 29 | 3.56 |
| **7**. Co-Occurring Disorders of Substance Use & Mental Health Disorders (CE Broker Tracking #: 20-615480) | 29 | 3.93 |
| **8**. Pornography Prevention Program Strategies (1st of 4 Programs on Pornography Intervention) (CE Broker Tracking #: 20-615472) | 29 | 3.07 |
| **9.** Pornography Intervention for Couples (2nd of 4 Programs on Pornography Intervention) (CE Broker Tracking #: 20-615474) | 29 | 3.07 |
| **10.** Pornography Intervention for Adults (3rd of 4 Programs on Pornography Intervention) (CE Broker Tracking #: 20-615476) | 28 | 3.03 |
| **11.** Pornography Therapeutic Interventions (4th of 4 Programs on Pornography Intervention) (CE Broker Tracking #: 20-615478) | 29 | 3.21 |
| **12.** Treating the Whole Person with PTSD &/or TBI (CE Broker Tracking #: 20-615482) | 29 | 4.17 |
| **13.** Integrated Medicine Skills Intensive Workshop (CE Broker Tracking #: 20-615484) | 30 | 3.83 |
| **14.** Conducting a 12 Step Program in Your Clinical Setting (CE Broker Tracking #: 20-615490) | 29 | 3.00 |
| **15.** Maintaining Healthy Ethical Boundaries (CE Broker Tracking #: 20-615486) | 30 | 4.23 |
| **16.** Steps to Take to Avoid Compassion Fatigue (CE Broker Tracking #: 20-615488) | 30 | 4.17 |
| **17**. Integrated Behavioral Medicine Approach to Wellness Programming (CE Broker Tracking #: 20-657030) | 30 | 3.73 |
| **18:** Supervision Continuing Education Program (for 4 CEU's, CE Broker Tracking #: 20-657414) | 30 | 3.70 |

**Rank Order of Courses**

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| **Rank** | **Rating** | **Program’s Title** |
| 1 | 4.50 | Suicide Intervention and Prevention (CE Broker Tracking #: 20-615464) |
| 2 | 4.28 | Motivational Interviewing Skills (CE Broker Tracking #: 20-609430) |
| 3 | 4.25 | Solution Focused Brief Therapy (SFBT) (CE Broker Tracking #: 20-615492)  |
| 4 | 4.23 | Maintaining Healthy Ethical Boundaries (CE Broker Tracking #: 20-615486)  |
| 5 | 4.21 | Overview of Evidence Based Practices for Specific Mental Health Disorders (CE Broker Tracking #: 20-615462)  |
| 6 | 4.17 | A. Steps to Take to Avoid Compassion Fatigue (CE Broker Tracking #: 20-615488) B. Treating the Whole Person with PTSD &/or TBI (CE Broker Tracking #: 20-615482)  |
| 7 | 3.93 | Co-Occurring Disorders of Substance Use & Mental Health Disorders (CE Broker Tracking #: 20-615480)  |
| 8 | 3.83 | Integrated Medicine Skills Intensive Workshop (CE Broker Tracking #: 20-615484)  |
| 9 | 3.80 | Use of Adverse Childhood Experiences (ACE Factors) in Clinical Assessment (CE Broker Tracking #: 20-615466)  |
| 10 | 3.73 | Integrated Behavioral Medicine Approach to Wellness Programming (CE Broker Tracking #: 20-657030)  |
| 11 | 3.70 | Supervision Continuing Education Program (for 4 CEU's, CE Broker Tracking #: 20-657414)  |
| 12 | 3.56 | Dealing with Opioid and Heroin Epidemic & Non-Medication Treating of Pain (CE Broker Tracking #: 20-615468) |
| 13 | 3.21 | Pornography Therapeutic Interventions (4th of 4 Programs on Pornography Intervention) (CE Broker Tracking #: 20-615478)  |
| 14 | 3.07 | A. Pornography Prevention Program Strategies (1st of 4 Programs on Pornography Intervention) (CE Broker Tracking #: 20-615472) B. Pornography Intervention for Couples (2nd of 4 Programs on Pornography Intervention) (CE Broker Tracking #: 20-615474)  |
| 15 | 3.03 | Pornography Intervention for Adults (3rd of 4 Programs on Pornography Intervention) (CE Broker Tracking #: 20-615476)  |
| 16 | 3.00 | Conducting a 12 Step Program in Your Clinical Setting (CE Broker Tracking #: 20-615490)  |

**Background of Respondents**

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| **A. License:**20 out of 30 respondents answered:LMHC: 12IMH: 5MT: 1LCSW: 2Psychologist: 2**B. Place of Employment** 25 out of 30 respondents answered:Private Practice or Other location: 13PAR: 3Boley Centers: 3VA: 3True Core: 1Lutheran Services: 1HCC: 1**C. Years of Experience in the Field**26 out of 30 respondents answered:25+ years: 815-24 years 510-14 years: 25-9 years: 31-4 years: 8**D. Schools where respondents received their Professional Degrees**25 out of 30 respondents answered:Troy University 12USF 6Buffalo State 1Springfield 1F.I.T. 1Nova 1U of Puerto Rico 1Wisconsin 1FSU 1 |

**Respondent’s Suggestions For Additional Training Program Subjects**

Respondents were asked to give their Top Five Suggestions for Programs they would like to see added and offered by COPING.US Training Program & Troy University Tampa Bay Site

**Legend:** (#1st choices; #2nd Choices; #3rd Choices; #4th Choices; #5th Choices)

\*These CEU courses are being offered by Troy in FY 2018-2019

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| **First Choice**\*Integrated Behavioral Medicine (1,1,2,2,1)\*ACE Factors (2,0,2,0,1)\*Solution Focused Brief Therapy SFBT (1,1,2,1,0)\*Supervision Continuing Education Program (2,1,0,0,1)\*Motivational Interviewing (1,2.0,0,0)DBT Strategies & Skills (2,0,1,0,0)\*Steps to take to avoid Compassion Fatigue (1,1,0,0,1)Dealing with Opioid and Heroin Epidemic & Non-Medication Treating of Pain (1,0,0,1,1)491 required courses (1,0,1,0,1)Dealing with loss and grief (1,1,0,0,0)Ethics (1,1,0,0,0)Integrated Behavioral Medicine Approach to Wellness Programming (1,0,1,0,0)Introduction to play therapy (1,0,1,0,0)Domestic Violence (1,0,0,1,0) Trauma intervention (1,0,0,1,0)Pornography therapeutic intervention (1.0,0,0,1)Brief Interventions for Mental HealthAdolescent CBTHow to identify/provide Stage Wise Tx. Interventions based on client’s Stage of ChangeInternet Safety and Social Media Pitfalls/AdolescentsArt Therapy/ interventions for working with children and adolescentsAttachment issuesTBITreating Cluster B Personality DisordersSex Therapy continuing education courses**Second Choice** \*Integrated Behavioral Medicine (1,1,2,2,1)\*Suicide intervention and prevention (0,2,2,0,1)\*Solution Focused Psychosocial Intervention (SFBT) (1,1,2,1,0)\*Supervision Continuing Education Program (2,1,0,0,1)\*Motivational Interviewing (1,2,0,0,0)\*Steps to take to avoid Compassion Fatigue (1,1,0,0,1)\*Maintaining Healthy Ethical Boundaries (0,1,0,2,0)Grief and Loss Processing (1,1,0,0,0)Ethics (1,1,0,0,0)Medical Errors (0,1,1,0,0)\*Evidence Based Practices for Mental Health (0,1,1,0,0) PTSD (0,1,0,1,0)12 step programs (0,1,0,0,1)Puerto Ricans post MariaTherapy for Psychotic DisorderAdolescent Mental Health Assessment/Treatment PlanningEBP in terms of interventions that help SPMI populationTF- CBT working with adolescentsFamily dynamicsAlcohol addictionDSMVAttachment based family therapyCognitive Therapy SkillsTreating couples that have a partner with a PD diagnosisEating Disorder treatment alternatives**Third Choice**\*Integrated Behavioral Medicine (1,1,2,2,1)\*Suicide Intervention (0,2,2,0,1)\*Solution Focused Brief Therapy (SFBT) (1,1,2,1,0)\*ACE Factors in Clinical Assessment (2,0,2,0,1)Best practice for using DBT with adolescents (2,0,1,0,0)Medical Errors (0,1,2,0,0)Introduction to play therapy (1,0,1,0,0)Integrated Behavioral Medicine Approach to Wellness Programming (1,0,1,0,0)\*Evidence Based Practices for Specific Mental Health Disorders (0,1,1,0,0)Substance abuse (0,0,1,1,0)Assessment from a Behavioral PerspectiveSkills Training: How to teach the skillsOverview of Evidence Based Practices for Specific Mental Health DisordersLaws and RulesCommunity/Counselor CollaborationMaintaining Client ContactCBT/Executive Functioning skills for adults with ADHDWhen one of a couple struggles with autism in their relationship**Fourth Choice**\*Integrated Behavioral Medicine (1,1,2,2,1)\*Solution Focused Brief Therapy (SFBT) (1,1,2,1,0)\*Maintaining Healthy Ethical Boundaries (0,1,0,2,0)Dealing with Opioid and Heroin Epidemic & Non-Medication Treating of Pain (1,0,0,1,1)Substance abuse (0.0.1.1,0)Veterans and PTSD (0,1,0,1,0)Trauma intervention (1,0,0,1,0)Domestic Violence (1,0,0,1,0)Co-Occurring Disorders of Substance Use & Mental Health Disorders (0,0,0,1,1)\*Treating the whole person with PTSD and/or TBI (0,0,0,2,0)Assessment & Treatment Planning: How to write good goals and measurable objectivesMeasurable Treatment PlanningSchool shootingsPsychopharmacologySex AddictionCouple's therapyIntegrating mindfulness with CBTNetworking with Business and CounselorsTreating ODD in children/teensFood addiction therapeutic groups**Fifth Choice**\*Integrative medicine skills in therapy (1,1,2,2,1)\*Suicide Intervention (0,2,2,0,2)\*Steps to take to avoid Compassion Fatigue (1,1,0,0,4)\*ACE Factors (2,0,2,0,1)Co-Occurring Disorders of Substance Use & Mental Health Disorders (0,0,0,1,2)\*Supervision Continuing Education Program (2,1,0,0,1)491 required courses (1,0,1,0,1)Pornography therapeutic intervention (1.0,0,0,1)Dealing with Opioid and Heroin Epidemic & Non-Medication Treating of Pain (1,0,0,1,1)12 step programs (0,1,0,0,1)Overview of DSM 5 major categories of disordersCalmSexual HealthVeterans and substance abuseSpiritual healing and belief in the mental healthRelaxation and MeditationWorking with personality disordered clientsBehavioral Measurement of ProgressUnmasking the sexual perpetrator |

**Proposed Schedule of Troy University’s Free CEU Programs 2018-2019**

Location: Troy University Tampa Bay Site

Time: 1:00 to 4:15 pm

2nd Friday of each Month September 2018 – June 2019

Address: 5201 W. Kennedy, Suite 110, Tampa, FL 33609

RSVP to save your seat for each program, by emailing: tampa@troy.edu

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| **Date:** | **Program Title** |
| Sept 14, 2018 | Use of Adverse Childhood Experiences (ACE Factors) in Clinical Assessment, 3 CEU’s (CE Broker Tracking #: 20-615466)  |
| Oct 12, 2018 | Suicide Intervention and Prevention, 3 CEU’s (CE Broker Tracking #: 20-615464) |
| Nov 9, 2018 | Motivational Interviewing Skills, 3 CEU’s (CE Broker Tracking #: 20-609430)  |
| Dec 14, 2018 | Solution Focused Brief Therapy (SFBT), 3 CEU’s (CE Broker Tracking #: 20-615492)  |
| Jan 11, 2018 | Maintaining Healthy Ethical Boundaries, 3 CEU’s (CE Broker Tracking #: 20-615486)  |
| Feb 15, 2018 | Steps to Take to Avoid Compassion Fatigue, 3 CEU’s (CE Broker Tracking #: 20-615488)  |
| Mar 8, 2018 | Overview of Evidence Based Practices for Specific Mental Health Disorders, 3 CEU’s (CE Broker Tracking #: 20-615462)  |
| April 12, 2019 | Integrated Medicine Skills Intensive Workshop, 3 CEU’s (CE Broker Tracking #: 20-615484)  |
| May 10, 2019 | Treating the Whole Person with PTSD &/or TBI, 3 CEU’s (CE Broker Tracking #: 20-615482)  |
| June 14, 2019 | Co-Occurring Disorders of Substance Use & Mental Health Disorders 3 CEU’s (CE Broker Tracking #: 20-615480)  |

**Proposed Schedule of Troy University’s Introductory Free CEU**

**Programs 2018-2019**

Location: Troy University Tampa Bay Site

Time & Date Specified

Address: 5201 W. Kennedy, Suite 110, Tampa, FL 33609

RSVP to save your seat for each program, by emailing: tampa@troy.edu

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| **Date/Time** | **Program Title** |
| Oct 1, 20181-5 pm | Supervision Continuing Education Program, 4 CEU's (CE Broker Tracking #: 20-657414) |
| Oct 5, 20181-4:15 pm | Marriage Work-Out Team Building – A Preamble to Marriage Work-Out, 3 CEU’s (CE Broker Tracking #: 20-661196) |
| Nov 2, 20181-4:15 pm | Key Core Beliefs: Unlocking the Heart of Happiness & Health, 3 CEU’s (CE Broker Tracking #: 20-660222) |