| Client Name: | Test PatientAB | DOB: <u>09/11/1950</u> | Facility: Happy Home N&R | Room #: 317 |
|---|---------------------|-------------------------------|------------------------------------|-------------|
| DISCHARGE NOTE | | | | |
| Services Initi | ated On: 01/03/2021 | Date o | f Discharge from Services: 02/27/2 | 2021 |
| Reason for R | eferral: | | | |
| Attending physician ordered services for treatment of clinical depression and suicidal ideation. Symptoms at time of referral included: irritable, refusing meds, thoughts of self harm. Pt. showed marked agitation and is refusing medications since arriving at current placement. Stated moderate to high levels of despair over current health status with thoughts of self harm 2Xdaily the past 7 days. Distress level high and (+) correlated with bouts of acute physical pain secondary to recent amputation. | | | | |
| Summary of | Treatment: | | | |
| Provided 11 individual therapy visits and 2 family therapy sessions (with wife). By end of treatment, GDS score improved by 7 points over baseline, Mr. PatientAB developed coping strategies to manage physical pain and cope with loss. Frustration tolerance much improved as reported by facility staff. Pt complied in full with PT plan of care and stopped refusing medications. Behavioral outbursts discontinued as his depressive symptoms subsided and hope for positive future was building. | | | | |
| Reason for Discharge: Resident No Longer at Facility | | | | |
| If Other: DCed to home! | | | | |
| Facility should consider re-referring resident to Cotler Psychology Services if condition or situation changes in future. | | | | |
| I hereby certify the above information is true and correct: | | | | |
| a : a 1: | N.D. N.D. | FY 10 | Sine Si | whis the D. |

FL12345

License #:

Signature

02/27/2021

Date

Susie Sunshine, Ph.D.

Clinician Name

Ph.D.

Credentials